



PAUSE FOR PATRIOTISM AND KANKAKEE RIVER RUNNING CLUB 4 MILE RUN OR 2 MILE WALK

**Greater Kankakee Airport
May 20th, 2017 08:00 AM**

Come join us for a 4 mile run on a loop course, partly along the scenic Iroquois River or a 2 mile walk on an out-and-back course.

Start Time: 08:00 AM

Pre-Registration: Pre-Register until May 19th. Must be registered by May 12th to be guaranteed a T-shirt.

Race Day Registration: 7:00 AM – 7:45 AM

Race Day Check-In: 7:00 AM – 7:45 AM

Computerized Finish and Results

Entry Fee: Pre-registered \$20.00. Race Day \$25.00.

\$2.00 discount for Military, Girl Scouts, Boy Scouts, KRRC, PSRR, PFPRC.

For Race Information Contact: Kibet Rono kibetrono@comcast.net

Send Check Payable to: KRRC, 833 S Leslie Ave, Kankakee, IL 60901



Online registration is available at: www.racerpal.com/races/pauseforpatriotism.

A mail-in entry form can be found at:

www.krrclub.x10host.com/races/Pause_for_Patriotism_2017.pdf

Pause for Patriotism Official Entry Form

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Phone Number _____

Email _____

Which event are you entering? 4 Mile Run _____ 2 Mile Walk _____

Gender: M _____ F _____ Age on Race Day _____ Birth Date _____

T-Shirt Size: S _____ M _____ L _____ XL _____ (Must be registered by May 12th to be guaranteed a T-shirt.)

Entry Fee: \$20.00 Pre-Registered \$25.00 Race Day

Discounts: \$2.00 discount for the following. Please check which one.

Military _____ Girl Scouts _____ Boy Scouts _____

Sanctioned by

Kankakee River Running Club _____ Prairie State Road
Runners _____

Park Forest Pancake & Running Club _____

No Multiple Discounts



Waiver of Legal Liability: Please read the following statement and sign before submitting entry.

By signing below, I do hereby release and discharge from liability Pause for Patriotism Board, Kankakee River Running Club and the Pause for Patriotism 4 Mile Run and 2 Mile Walk organizers, directors, sponsors, supervisors, volunteers of the event and their representatives, successors and assigns for any and all injuries suffered by me in this event, however incurred or sustained. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all of the foregoing to use any photograph, video, recording or any other record of this event for any purpose whatsoever.

Signature of Participant

Date

Signature of Parent or Guardian (If participant is under 18)

Send this form with your check to KRRC, 833 S Leslie Ave, Kankakee, IL 60901

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